

How to Make a Perllan



What Is a Perllan?

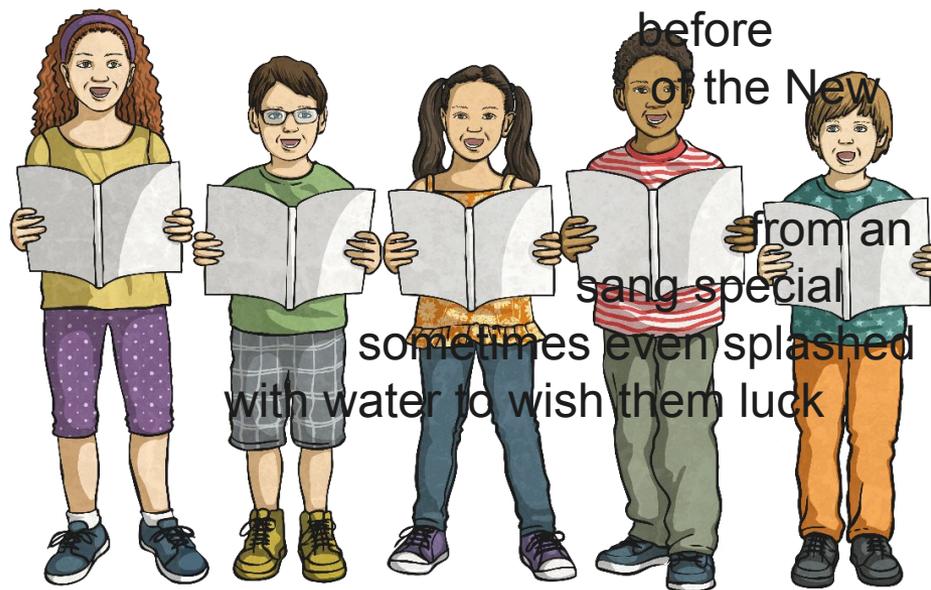
Calennig and celebrating Hen Galan (Old New Year) is a very old tradition in Wales, when the New Year was celebrated on 13th January.

Calennig means New Year celebration or gift.

Groups of children would visit neighbouring houses singing and bearing good wishes for the year ahead.

It was traditional to do this before the New Year.

They carried a charm made from an apple, called a **perllan**, sang special rhymes and sometimes even splashed people with water to wish them luck for the coming year!



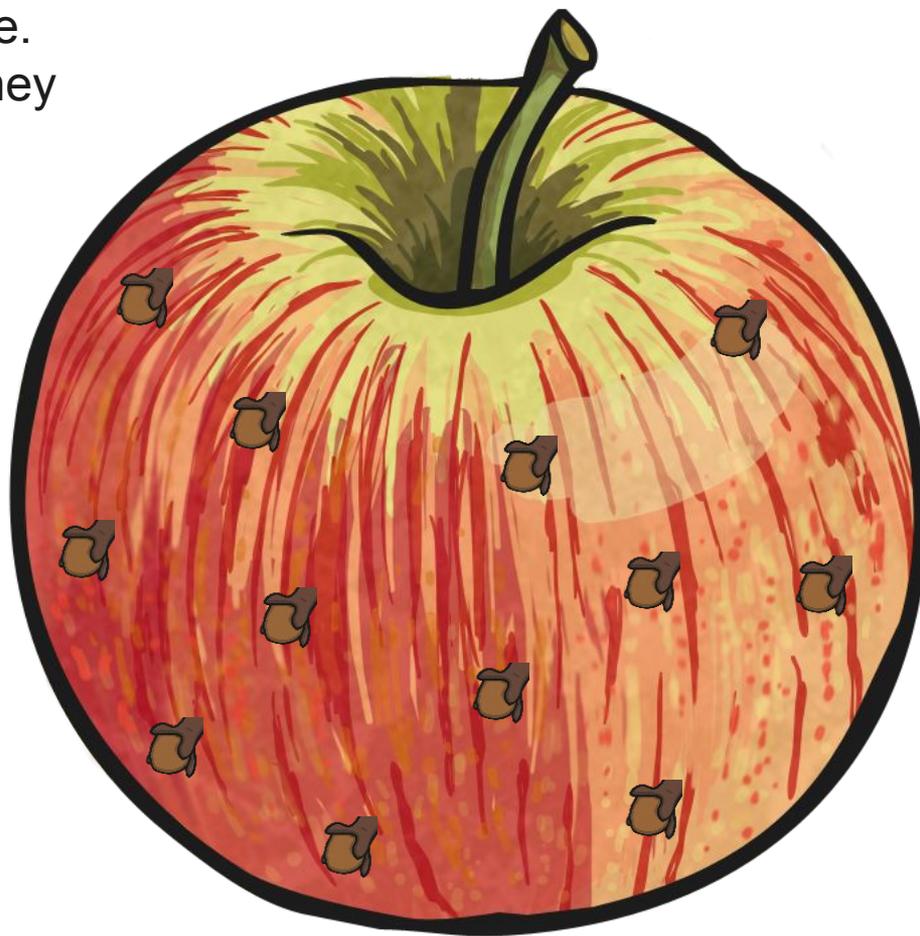
What You will need:

- An apple
- Cloves
- Sticks/Twigs
- Evergreen leaves



Step 1:

Stick some cloves into the apple.
Make sure you press hard so they
don't fall out!



Step 2:

Stick some evergreen leaves into your apple. You can use whatever you find outside at this time of year.



Step 3:

Use three twigs or sticks to create a tripod for your apple. This means your apple will be able to stand up on its own.





Calennig Song

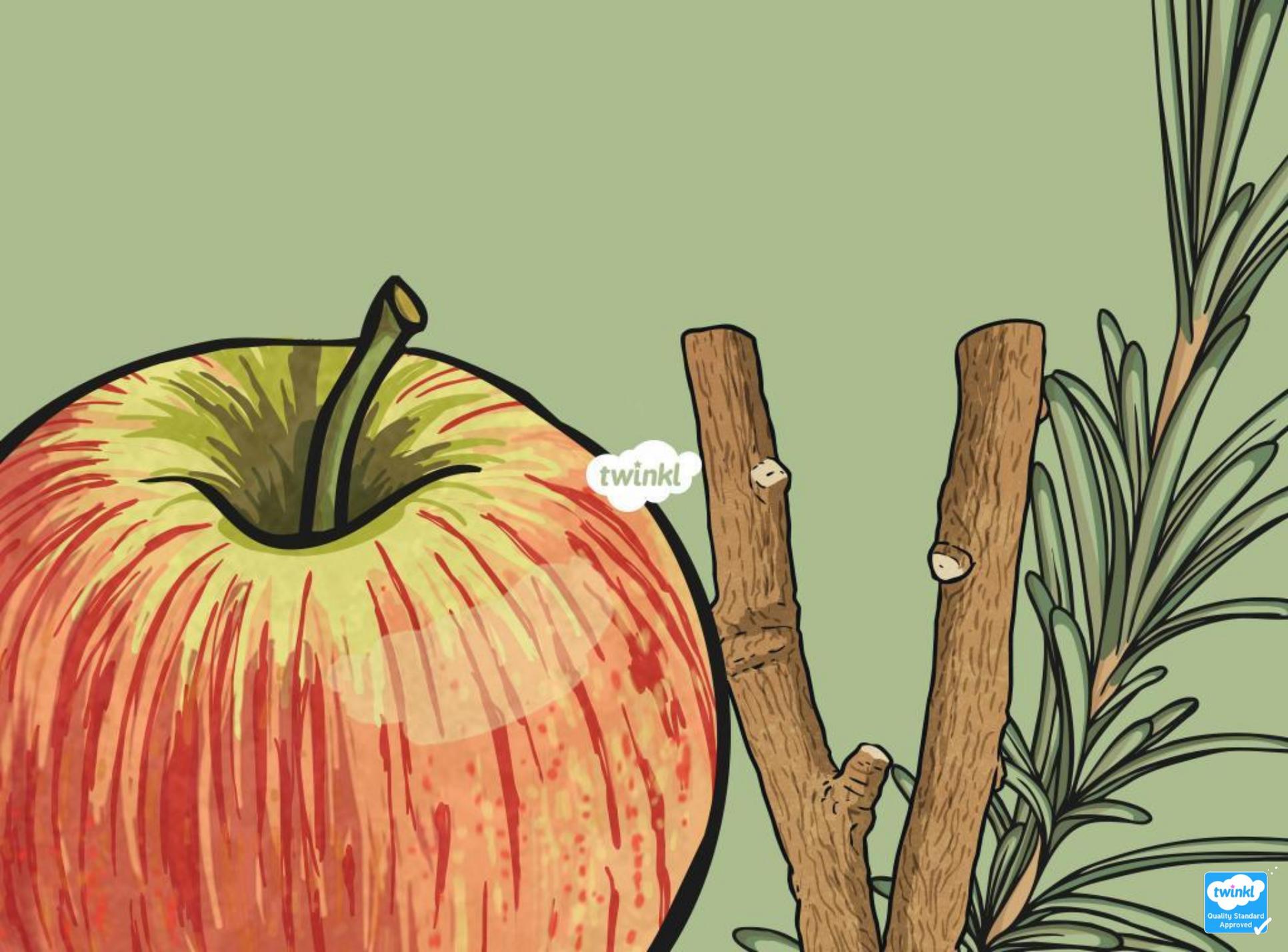


“Blwyddyn Newydd Dda i chi
Ac i bawb sydd yn y tŷ.
Dyma fy nymuniad i,
Blwyddyn Newydd Dda i chi.”

Now you can recreate how the Hen Galan (Old New Year) was celebrated many years ago and is still practised in some areas today.

How about acting this out at school or at home?

See [this resource](#) for more information.



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