

**Language, Literacy and communication.**

- Make an 'I can" book. Take photos of all sport activities your child takes part in. Talk about the photos.
- Play 'Simon says' or any activity involving your child imitating you.
- Pencil control sheets, chalk letters outside, paintbrush and water outside – paint balls.

**Numeracy.**

- Use P.E cards for an idea, count with your child doing jumps, ball bounces etc.
  - Cutting skills sheets
  - Size ordering
  - Read the story 'Tortoise and the hare.' story provided
- <https://theeducatorsspinonit.com/3-easy-math-activities-for-kids-to-do/>

**Science and Technology**

- Homemade marble run - <https://www.science-sparks.com/recycled-marble-runs/>
- Use YouTube to watch clips of different sports. Link to humanities by watching old clips and new clips.
- Use Lego/blocks to make football posts or rugby posts.

**Physical Development.**

- Take part in outdoor activities – walking, running, trampoline.
- Set up mini Olympics in the garden. Include jumping, crawling, rolling, running
- Yoga – search 'Cosmic Kids'
- Joe Wicks – Body coach

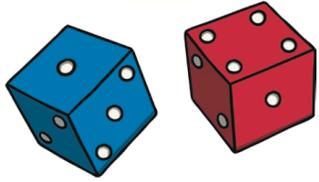
**Expressive arts**

- Bouncy ball art
- Throw cotton wool ball art
- Rolling ball art

**Humanities**

Take photos of activities undertaken throughout the week. Look at photos with your child talking about things you both did in the week.

Ideas for P.E.



Roll a dice and then  
jump the number.

twinkl.com



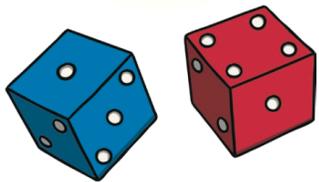
Do **10** star jumps.

twinkl.com



How many times can you  
bounce a ball?

twinkl.com



Roll a dice and then  
hop the number.

twinkl.com



Throw **5** beanbags  
into the hoop.

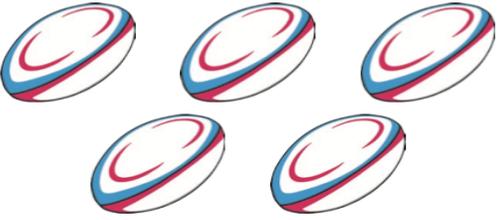
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Do **5** star jumps.

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Counting Sheet.



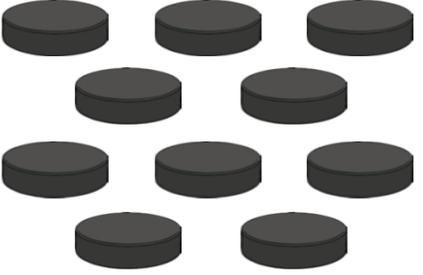
Five colorful discs, each with red, white, and blue curved stripes, arranged in two rows: three in the top row and two in the bottom row.



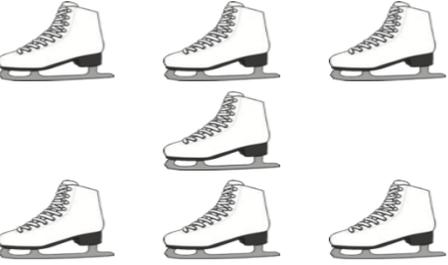
Six girls in orange outfits on roller skis, arranged in two rows of three.



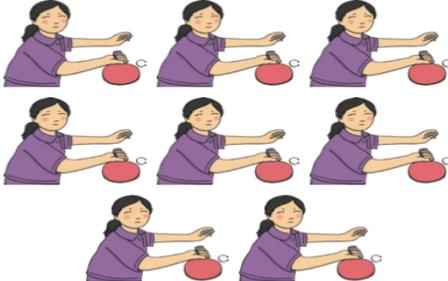
Nine soccer balls arranged in three rows of three.



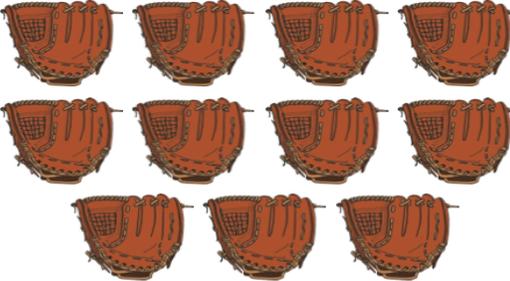
Ten black hockey pucks arranged in four rows: three in the first row, two in the second, three in the third, and two in the fourth.



Nine white ice skates with black blades, arranged in three rows of three.



Eight girls in purple outfits on roller skis, arranged in three rows: three in the first row, three in the second, and two in the third.

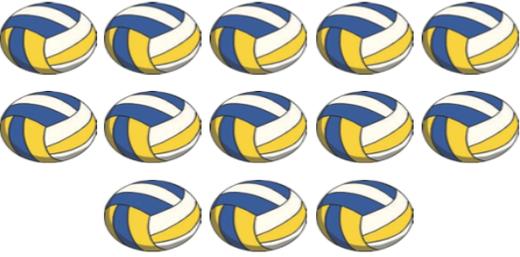


Eleven brown baseball gloves arranged in three rows: four in the first row, four in the second, and three in the third.

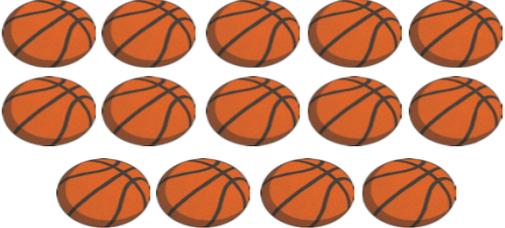


Twelve tennis rackets with red frames and grey strings, arranged in three rows of four.

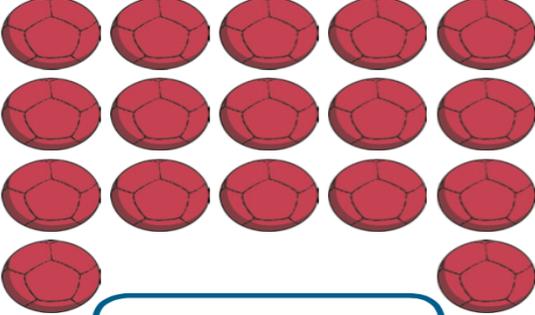
Counting sheet.



A collection of 13 volleyballs arranged in three rows: two rows of five and one row of three.



A collection of 14 basketballs arranged in three rows: two rows of five and one row of four.



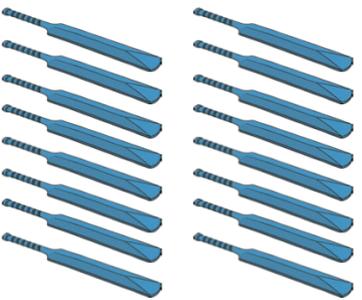
A collection of 19 soccer balls arranged in four rows: three rows of five and one row of four.



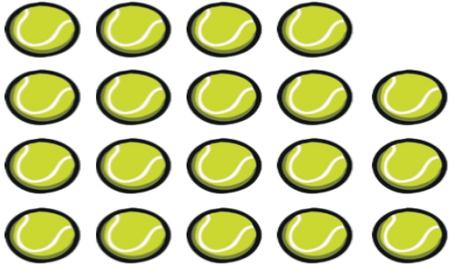
A collection of 18 tennis balls arranged in four rows: three rows of five and one row of three.



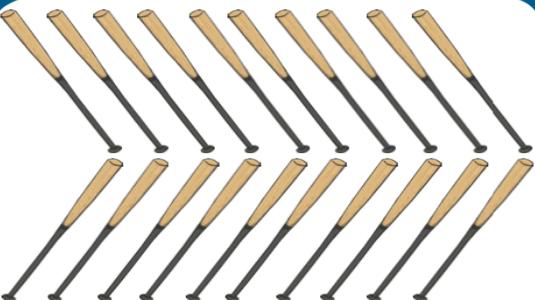
A collection of 15 football helmets arranged in three rows of five.



A collection of 16 baseball bats arranged in two columns of eight.

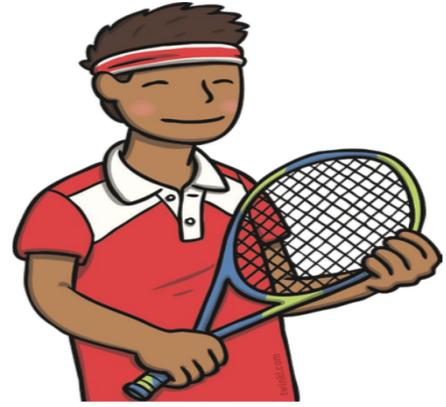
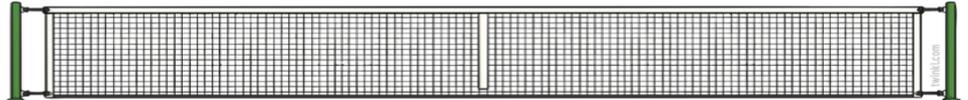
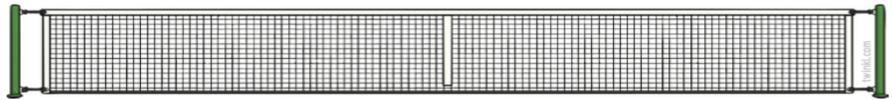
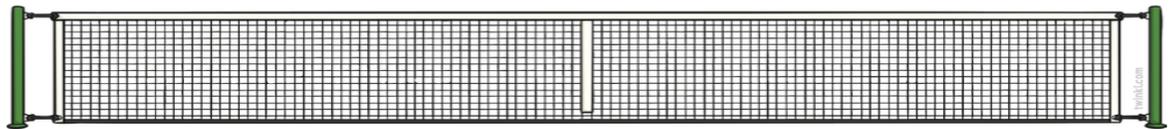
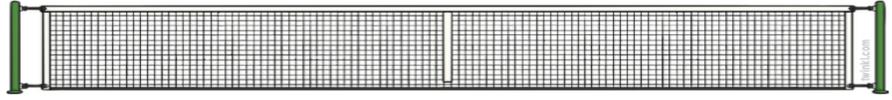
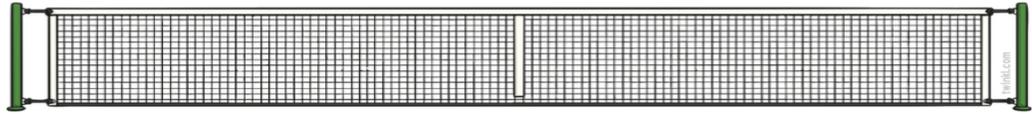


A collection of 20 tennis balls arranged in four rows of five.

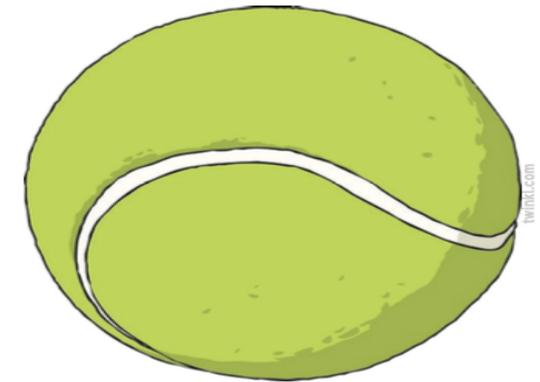
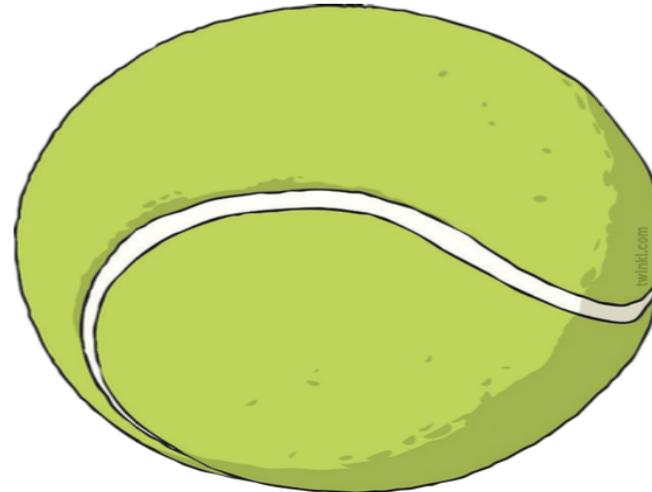
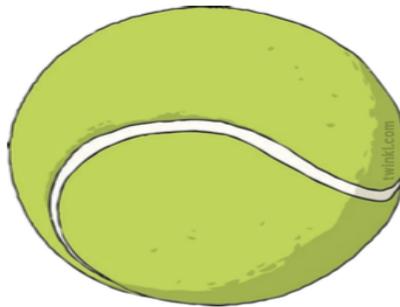
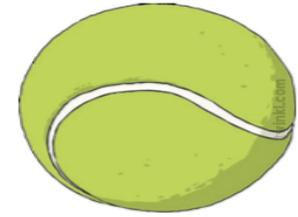
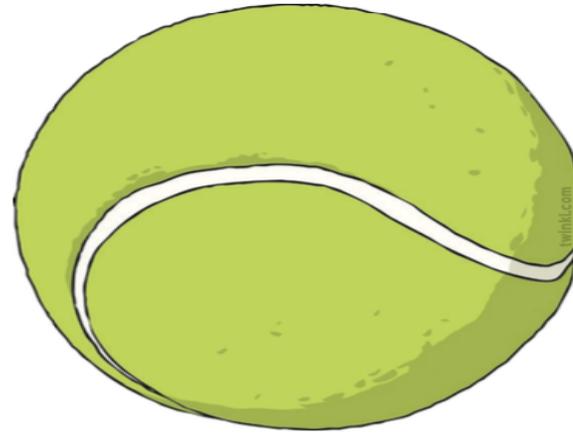
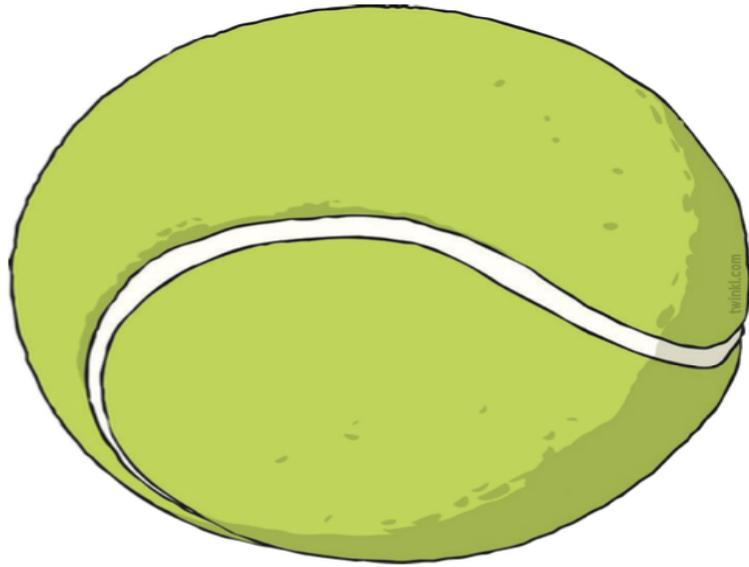


A collection of 18 baseball bats arranged in two columns of nine.

Cut and stick in size order.



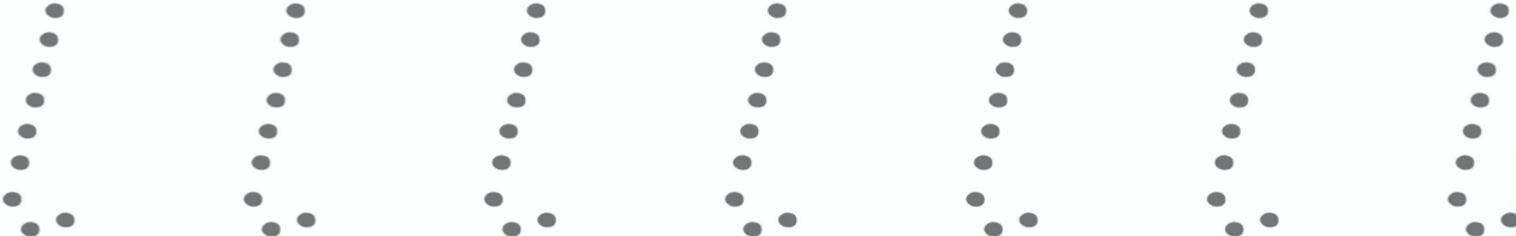
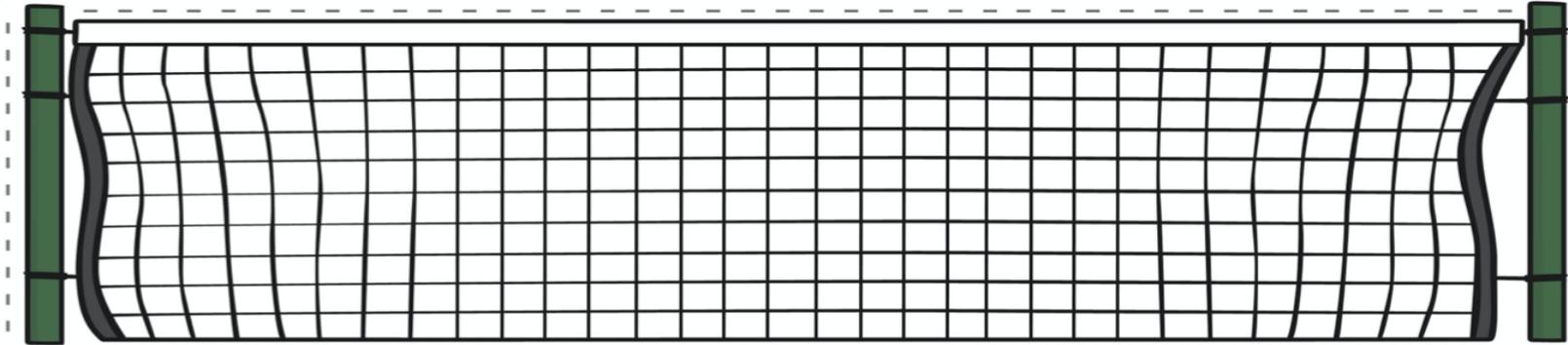
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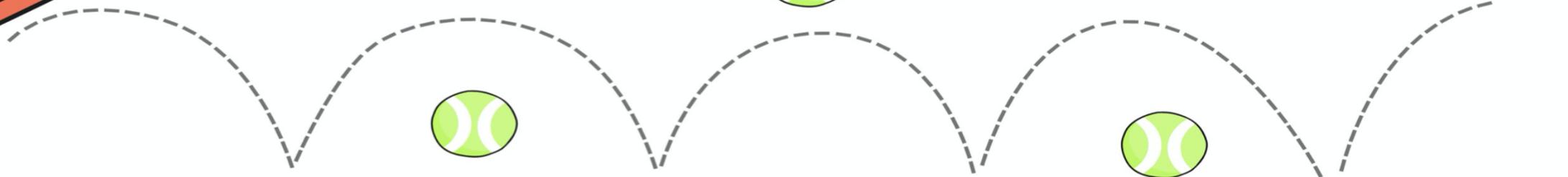
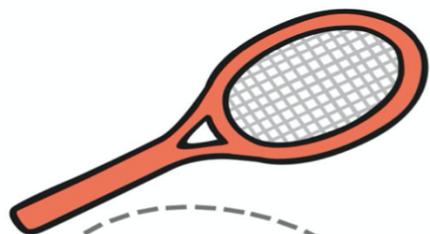
**Pencil Control Worksheet-** Trace the dotted lines as neatly as you can.



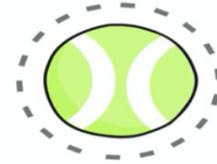
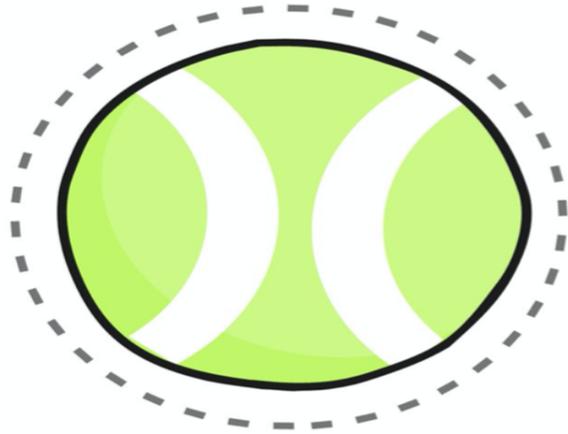
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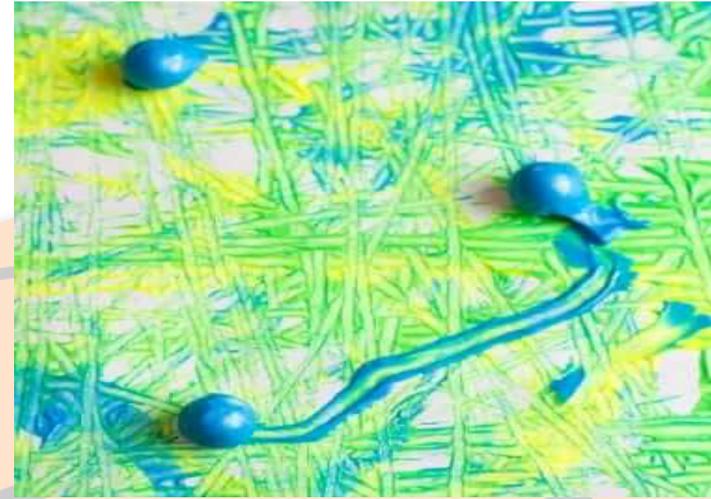
Dip balls into paint and bounce them onto paper.



## *Cotton Ball* THROW PAINTING



Dip balls of cotton wool into paint and throw at paper to create a picture.



Roll different balls through paint to create patterns on paper. Try tennis balls and footballs. Compare the patterns.

