

Our topic this term is Traditional Tales. Following guidance from Public Health, here are some fun and easy ideas and suggested activities that you could do with your child at home;

Modelled play

Activities- skittles, building towers and knocking down, splatting foam, racing cars, rolling items and toys through kitchen roll tubes, blowing balloons and letting go, balloon tennis, jumping in puddles, playing catch.
Focus skills- building communication through gestures, speech and eye contact. Turn taking focus enhancing their motor skills, counting, anticipating and predicting, building and focusing attention

Fine motor

Activities- mark making on paper/sand/paint/foam, using chalk in garden, using playdough, using kitchen utensils e.g. tongs, chopsticks, wooden spoons, threading straws onto string.
Focus skills- tactile exploration, sensory stimulus, fine motor/pincer grip and control.

Literacy and Communication

Activities- read a book, making playdough, gloop, cooking, matching pairs/objects e.g. cutlery, socks, fruit, and toys
Focus skills- showing attention and interacting through gestures and responding to pictures by recognising similarities e.g. shape, colour, size, animal noises following instructions e.g. first get a bowl, then pour flour, next add water, separating items that share same attribute.

Gross motor

Activities- action songs, playground equipment (if you have access), ways of travelling e.g. crawling, climbing, hopping, jumping, stretching.
Focus- interacting through early play skills e.g. ready, steady, go! Counting pushes on a swing, copying and imitating actions.

Sensory play

Activities- water toys in the bath, playdough, gloop, sand, foam, rice
Focus skills- tactile play, anticipating the effect e.g. pouring water

Maths

Activities- Counting cups of flour needed to make playdough, cakes, biscuits, sorting by attribute e.g. sorting toys in colours, shapes, sizes, insert puzzles, shape sorting toys, building blocks e.g. green block then red block.
Focus skills- counting, colour matching, shapes, counting during play activities e.g. 321 blast off, 123 go!

Arts

Activities- dress up, role play, small world toys i.e farm animals, dolls, YouTube nursery rhyme songs, cutting and sticking, painting/mark making with hands and feet.
Focus skills- Fine motor, imaginary play, tactile play