



Name: _____



Date: _____

Tasting New foods

Choose a new recipe or food to try. It could be using what you have at home or from a shop (as long as it is safe to go). You can search for a recipe online or use one of the ones on our class webpage. Here is a good website to use <https://www.bbcgoodfood.com/recipes/category/all-family-kids>. Fill in the sheet below.

Food item or recipe:

Where did you find it?

Texture: (Use a full sentence. It could start with ... It feels like...)

Taste: (Use a full sentence. It could start with ... The food tastes ...)

Ingredients:

—	—
—	—
—	—
—	—
—	—

Would you eat it again?

Yes

Maybe

No

Give it a rating out of 5

0

1

2

3

4

5

Disgusting

Delicious

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Self assess your work today:

