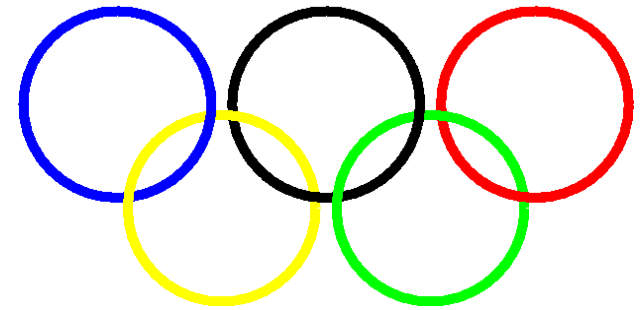




Ancient Greece

The Olympics



The
Ancient
Olympics

Ancient Greece



- Ancient Greece was not one country but lots of **city states**.
- They called the land Hellas and themselves Hellenes.
- They shared the same language, religion and history.



The Olympics



- The Olympics started around **776 BCE**.
- They were held in honour of their god **Zeus**.
- They took place every **4 years** in August or September at **Olympia**.
- The event lasted for about 5 days.
- *Any wars going on between the City States were stopped during the games so all could take part!*

The Olympics – Who could take part?

- Only *free-men* who spoke Greek could take part.
- – Who were they?
- *Women* had a separate *games* called the **Heraia** in honour of Hera, Zeus' wife.
- This was also held every **4 years** but in a different year to the Olympics.



The Olympics – Who took part?



Greek City-States



The Olympics - Activity



- In your groups:
- - Look at the pictures from the Greek Olympics.
- - Try to work out what each picture is showing.
- - Write a *caption* explaining what is happening.
- *How can you tell? What are you looking for? What clues are in the images?*

The Olympics - Activity



- Now you have discussed the pictures:
- - Put them into a *5 day programme* of events just like the original Olympics.
- What else might have taken place as part of the games and celebrations?



The Olympics - Events

- Wrestling.
- Boxing.
- Pankration – mix of boxing and wrestling.
- Trumpeting (yes really, and the loudest wins!).
- Pentathlon - jumping, discus, javelin, running and wrestling.
- Running.
- Chariot racing.
- Horse racing.
- Race in armour.

Quiz – Ancient Greek Olympics

1. What was different about Ancient Greece from most countries?
2. When did the Olympics start?
3. Who were they in honour of?
4. How often did they take place?
5. Which sports were at the Ancient Olympics?