

Inspired by ideas from https://pocketofpreschool.com/



#### Maths







do



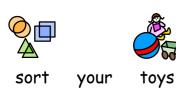




**Pick** a square,

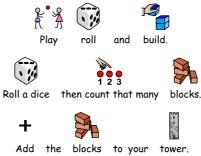
the activity then colour in

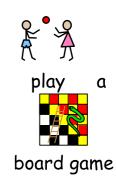
the square









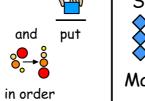




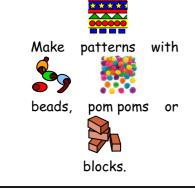


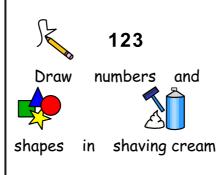




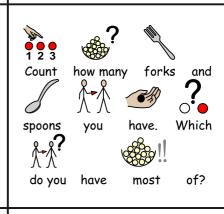


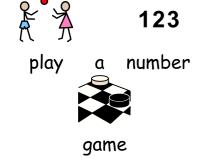


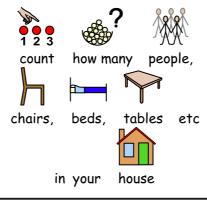


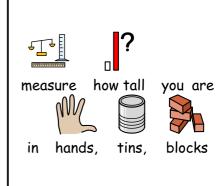


them









## abc



### Makina letters and words













**Pick** square, а

do

the activity then colour in

the square

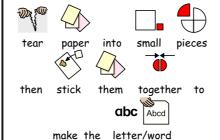


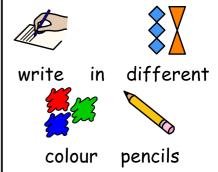
## abc

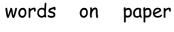
write letters or









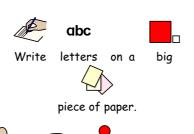




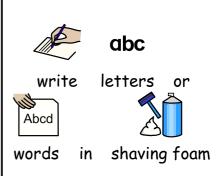












# abc

make letters or





in playdough words







friends and family

**ABC** 





write card α or





letter and post





Staple pages together

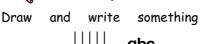
to make a book.

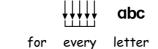


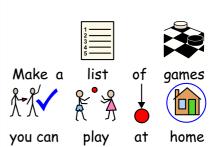
Make an alphabet book.

















### and sensory activities













square, do **Pick** α

the activity then colour in

the square

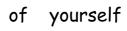




window



picture а











Fill a plastic bottle half full







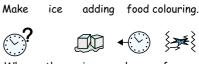
















recycling bin









make a car wash for dolls



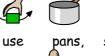




draw on kitchen roll using















add a couple of drops of water

wooden spoons to make

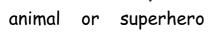


instruments



water and washing up liquid

mask of an make a





use













build a den





### Movement activities







do







**Pick** a square,

the activity then colour in

the

square



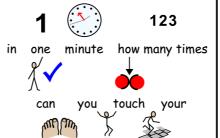
dance

favourite





song



jump,









on

https://family.gonoodl e.com/













toes,

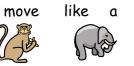


hop?









elephant,

snake



your room?

play with a



in your garden









tidy











and

kitchen to sweep your

and join in

https://www.youtube.com/ channel/UCAxW1XT0iEJo OTYIRfn6rYQ

down your

garden



play with a



balloon



do some stretches



join in





https://www.youtube.co m/user/SingingHandsU K







## Life skills activities













**Pick** square, а

the activity then colour in

do

the square

make a sandwich

help with the





the do



washing up





doing up practice



buttons



lay the table





help with cooking



clear the table





after meal а



help

the washing and



put it away



the sort



recycling



practice



tying shoelaces



tidy



books your



tidy



toys your