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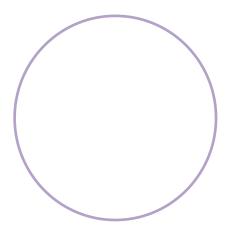








All About Me



My name is.....

I am..

6 7 8 9 10 11 12 13 14 15 16 years old

My favourite food is.. My colour is..

draw or cut and stick



















chips sweets



toast



















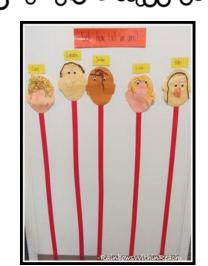








			my favourite food is	
my favourite thing to do is	years old	I am	my eye colour is	my hair colour is
			my favourite animal is	





are in your name and family members' names

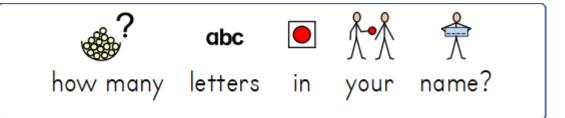






fit inside?

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I	2	3	4	5	6	7	8	٩	10	II























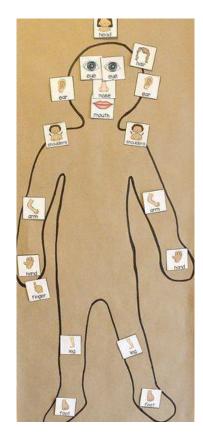




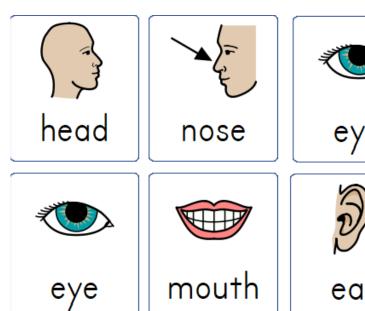
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a	Jump on the spot 5 times	n	Spin around 10 times
ь	Touch your toes	0	Hop on left foot 10 times
c	Stretch up high	p	Hop on right foot 10 times
d	10 star jumps	q	Run to the nearest door and run back
e	Make circles with your arms 10 times	r	Run up the stairs or 10 step ups
£	Run on the spot for 10 seconds	S	Run to find something RED
g	March on the spot for 10 seconds	t	Hop to find something BLUE
h	10 sit down then stand ups	u	Crawl to find something GREEN
i	Bounce a ball 5 times	v	Crawl like a crab for 10 seconds
j	Throw a ball 5 times	w	Flap your arms like a bird 10 times
k	Log roll	x	Run on the spot for 10 seconds
1	5 sit ups	y	Reach as high as you can for 10 seconds
m	10 frog hops	Z	Be as small as you can for 10 seconds

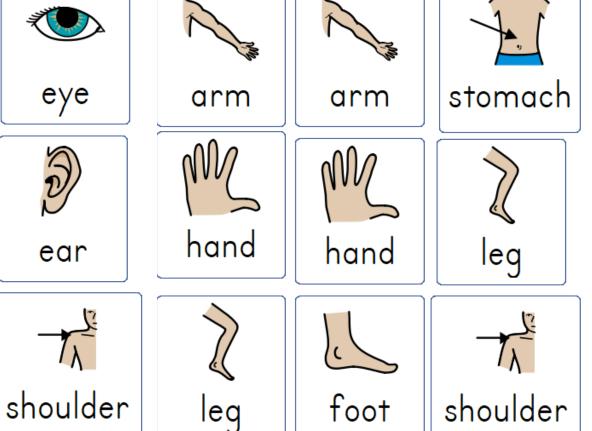






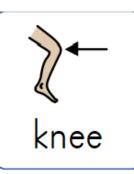
mouth

neck





ear















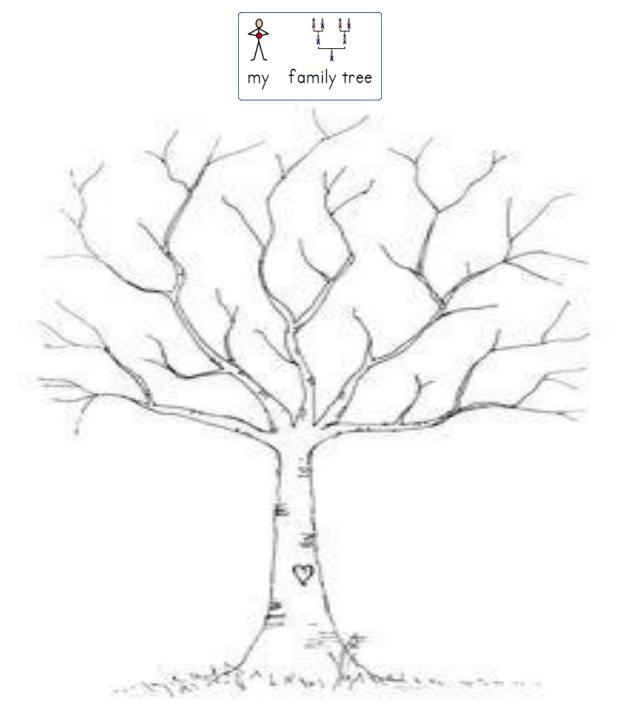


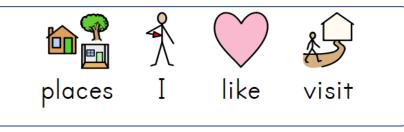












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