



The very hungry Caterpillar fruit kebabs https://musthavemom.com/caterpillar-fruit-kabobs-party-foodidea/







Skills to work on

- Following verbal instructions
- Following verbal instructions to get the correct ingredients e.g. "Can you get the strawberries from the fridge?" "Can you get the grapes from the kitchen table?"
- Washing hands independently/ verbal support
- Cutting fruit (with suitable knife)
- Fine motor skills- threading fruit onto kebab stick
- Count how many items of fruit are on the kebab
- Ask if child likes/dislikes each fruit (symbols on next page)
- Encourage child to taste the fruit (or touch/smell the fruit)

